

HEOP / EXCEL Newsletter

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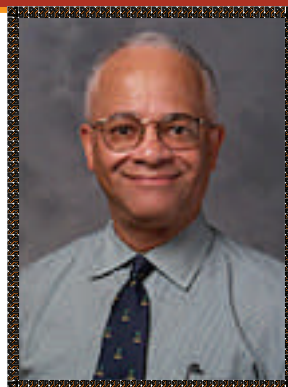
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STAFF



Donna Dettman
– Coordinator of
Academic
Services



Clemont Lynch
– Director



Janielle Losaw
Coordinator of Counseling, Admissions,
Recruitment, and Student Services

MEMBERS



Rachel Simmons
– Administrative
Assistant

~ We would like this newsletter to be a helpful resource for our students in making sure that they are well informed. We try our very best to ensure that this newsletter works for you. However, if it does not, we must receive feedback from you to help us in the process. There is a suggestion box in the HEOP office where your comments and critiques are always welcome!!!

Introduction to Mrs. Rachel Simmons

Rachael Simmons comes to the HEOP/ EXCEL program with an impressive and unique college background. She received a bachelor degree in liberal studies from Monroe Community College as well as a degree in Psychology from the University of Rochester. Continuing to advance her impressive resume, Mrs. Simmons is currently pursuing her master's degree in Deaf Studies with a concentration in Human Resources Administrations. This former principal and current mother of three is no stranger to hard work.



She is fully committed to utilizing her past experiences to assist the HEOP/ EXCEL students, as well as further the HEOP/ EXCEL program. She offers some good-hearted advice for all students to study hard and to take advantage of every opportunity to become cultured. She further encourages students to travel and remain open-minded toward other people and their unique knowledge. The HEOP/ EXCEL staff and members graciously welcome Mrs. Rachael Simmons to our family!



HEOP/ Excel Also Welcomes 18 New Students

Cammara, Bissonette

Digno, Caminero

Morgan, Douglass

Jennifer, Dejesus

Anna , Frazer

Jazzmen, Harris

Aida , Rodriguez



Belinda, Kane

Akeshia, Kelly

Steven, Matos

Quaynaya, King

Diedre, Willer

Takara , Jones

Brittany, James

Dominique, Kendrick

La Shanna, Milton

Habib Maqsoodi

Good Luck During the Year Guys!

HEOP/EXCEL Student Athletes

Nazareth College is home to various competitive sports programs. Many of these programs feature HEOP/EXCEL student athletes. Several of these teams that have HEOP/EXCEL students are: the basketball team, the soccer team, the tennis team, and also the track team.

It is important to support all the teams here at Nazareth College because they represent the school whenever they compete. When opposing teams come to compete against Nazareth College, they

should have to compete against the crowd of supporters in the bleachers as well.

Some of the HEOP/EXCEL students who are also athletes are: Leon Hill, Rayvon Higdon, and Dominique Kendrick who are members of the basketball team; Mohammed Ahamed and Habib Maqsoodi who are members of the soccer team; Terrance Nichols who is a member of the tennis team; and Adeola Amusan who is a member of the track team.

All of these HEOP/EXCEL

student athletes are shining examples of great accomplishment.

They continue to prove that the HEOP/EXCEL program has a certain requirement for achievement that the students meet and exceed.

We look forward to the success of the future HEOP/EXCEL students, as well as the future student athletes, here at Nazareth College.

All of these HEOP/EXCEL student athletes are shining examples of great accomplishment.

Outside Regional Misconceptions

If you had the choice, would you live in an urban city or a rural town?

If I had a choice between a rural town or an urban city to live in, I would probably choose an urban city. Growing up in a rural town gave me many experiences that made me appreciate the close-knit feeling that small, rural towns have. It also gave me an appreciation of just how many opportunities there really are in an urban city. Since I have attended Nazareth, I have really started to understand the importance that living in a urban area has. The cultural diversity that I was never exposed to in my small town definitely hindered my personal growth as an educated person. From my experiences at Nazareth, I have seen how being exposed to different people can allow you to gain some of the richest knowledge there is.

Another reason I would choose to live in an urban area is because of the socio-economical opportunities there are. With education being my major, I am going to have the opportunity to give back to a community that I teach in. Urban areas have many more opportunities, across all areas, for career options and for different job experiences. These opportunities are not always available in rural areas, and if they are available, they are very limited, and highly sought after. Overall, urban areas offer a lot more for daily life, and allow people to have many options about their lives. This is something that I want to be exposed to so that I have the chance at different opportunities. Rural areas are not terrible; they just aren't for everybody.

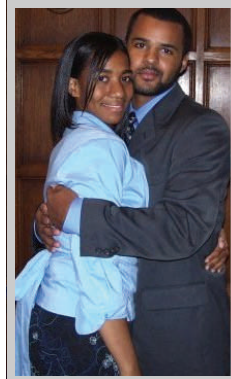
-Chanel Wright

If I had the choice between an urban city and a rural town to live in, I would definitely choose the urban city. Not that there is anything wrong with small towns, it's just that there are a lot more people in the cities. I like meeting new people and in small towns, everybody already knows each other. In big cities, you meet new people every day and because of that, it makes life more interesting.

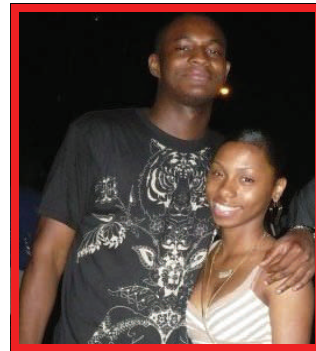
-Janelle McAllister

Featured Photos

HEOP Summer Program & Lunch-In



Mixers



Around Campus



Upcoming Events in

February 2008

Music Faculty Recital: Christopher Naugle, French horn; Sandy Naugle, piano 3

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Music Faculty Recital: Sandra Boysen, soprano 8

The Parsons Dance Company 9

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Charlotte's Web 24

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Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
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3 *	4	5	6 *	7	8 *	9 *
10	11	12	13 **	14 *	15 *	16 *
17	18	19 *	20 *	21	22 ***	23 **
24 *** *	25	26	27 *	28	29 **	



First Annual CA3L Awards Ceremony



On Wednesday Sept. 26th, HEOP hosted its first annual induction of eight students to be recipients of a CA3L award. These students were chosen on the basis of exhibiting outstanding characteristics in the areas of Community service, Academic, Athletic, Artistic, and Leadership accomplishment. All eight of these individuals have done a great service to the HEOP/Excel program and Nazareth College. In a time when thousands of students rely on educational funding to finance their education, HEOP/Excel continues to be a stable outlet of support. These students devotion and hard work speaks volumes for the program and those observing its function. Thank you to all recipients and keep up the good work!

Awards winners for 2006-2007 are:

Academics-Yvonne Gibson
Academics-Brandin Jones
Community-Joshua Matsch
Academics and Leadership-Queeta Lea

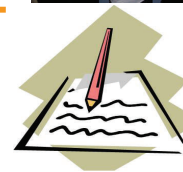
Athletics-Leon Hill
Academics-Janelle McCallister
Art-Heidi Frawly
Academics and Leadership-Chanel Wright



The goal and mission of the group is to provide an environment for the discussion of intellectual ideas.



Creative Writing Group



By the Spring 2008 Semester there will be a new group on campus. This Creative Writing Group will be headed by Te'vonn Mcfield, a sophomore and HEOP student.

The goal and mission of the group is to provide an environment for the discussion of intellectual ideas. The motivation for discussion will come from the creative writing of the members of the group.

The Creative Writing Group is sponsored by the English Club. The English Club is in charge of publishing Elbowroom every year and the material that goes into this publication is generated from the students.

Elbowroom is a collection of creative pieces by Nazareth students. The material ranges from poems and essays to

pieces of artwork. Everyone is welcome to submit their work.

The Creative Writing Group is a positive place to express your ideas and get constructive feedback. The next meeting of the Creative Writing group will be January 30th, in the Library, Media A at 8:00PM. Don't be afraid to stop by!

!!!!!!

News Just In... !!!!!!!

HEOP student Takara Jones will be participate in the March of Remembrance and Hope. This event is scheduled to take place from May 15-23, 2008. The program is educational in nature and is designed to allow the students to learn first-hand about the Holocaust and genocide through a direct encounter with the subject in Germany and Poland. The program will be strenuous – physically, intellectually and emotionally. We wish her a safe trip and luck in this exciting new undertaking.

Inspirational Piece

Freedom Riders



During the Civil Rights Movement there were great strides made towards equality and desegregation. One of the more famous events that took place during the movement was the bus boycott headed by Dr. Martin Luther King Jr. and started by Rosa Parks famously refusing to give up her seat. Although this movement was significant, it was not the only of its kind.

The Freedom Riders were a group of truly heroic individuals who changed the course of history. The purpose of the Freedom Riders trips to the south was to test the Supreme Court ruling of *Bunyan vs. Virginia*, which stated that it was illegal to uphold desegregation in transportation. The Freedom Riders were a mix of black and Caucasian students, teachers, and activists. The majority of the people that made the very first trip were students who were apart of the Nashville Student Group. The Nashville Student Group was a group of courageous students who were counseled in non-violence by Reverend James Lawson. Reverend James Lawson was urged by Dr. Martin Luther King Jr. to travel to Nashville and teach the students the art of non-violence.

The Freedom Riders began on their historic trip through the south May 4th, 1961 and were unshaken until they arrived in Rockville, South Carolina where they were not allowed to pull into the station without a fight. The Freedom Riders were received by an angry mob of racists who beat them with bats, chains, and iron pipes. The Freedom Riders kept on the journey until they arrived in Anniston, Alabama.

When they arrived in Anniston, Alabama the Freedom Riders were met by a larger mob of racists. The mob slashed the tires of the bus as the Freedom Riders were trying to pull out of the station. The bus was forced to stop because of the tires and the mob followed in cars. After the bus driver attempted to flee, the mob surrounded the bus and threw a firebomb on board. The mob held the doors shut so the Freedom Riders could not exit the bus. After one of the gas tanks in the bus exploded the mob was taken back. The Freedom Riders tried to safely exit the bus but the mob proceeded to beat the Freedom Riders with bats and pipes. The Caucasian Freedom Riders were especially targeted during the assaults. An undercover officer pulled a gun and fired a shot in the air and finally the beating came to a halt.

After the violent reception of the Freedom Riders in the South many people both for and against the purpose of the historic rides called for the Freedom Rides to stop. John f. Kennedy received word of the Freedom Riders and also of the violence that took place and decided to send his brother Robert Kennedy (then the Attorney General) to make a deal with the Mississippi state officials. The deal that they came up with was that the National Guard would escort the Freedom Riders into the state, in exchange the Freedom Riders would be arrested upon arrival in Jackson, Mississippi.

The Freedom Riders decided to fill the jails as over 350 were arrested on "breach of peace" charges. The local jails in Jackson, Mississippi were not big enough to hold the Freedom Riders so they were shipped to Parchman Farm, a maximum security jail. The Freedom Riders were separated by race and gender in the facility. The woman were placed on death row and were not allowed to exercise or talk to each other. The men were severely harassed by other inmates. The Caucasian Freedom Riders were especially harassed because their fellow inmates viewed them as "nigger lovers".

CORE (the Committee of Racial Equality), SNCC (the Student Non-Violent Coordinating Committee), and SCLC (the Southern Christian Leadership Conference) which was headed by Dr. Martin Luther King Jr. are several of the groups that contributed members to take the historic trips to the south and continue the Freedom Rides. Approximately five months after the first bus left and started the Freedom Riders historic trips to the segregated south the ICC (the Interstate Commerce Commission) and Robert Kennedy issued a just Federal order legally banning segregation at all public interstate facilities. The law officially became active on November 1st, 1961.

The fearless groups of students and activists, both black and Caucasian, male and female all exhibited courage and paved the way for anyone and everyone to fight for what is right. Today there are still issues that need to be addressed such as poverty, ignorance, homelessness, and various other battles that haven't been fought yet. The Freedom Riders showed that it is unjust to simply ignore injustice, it is the students responsibility to be the teachers sometimes. Through intellect, through action, and through courage, many of the problems that plague us to this day can be solved. Let this be an example that, it is up to you to get on the bus and make a difference.

Sources

<http://www.freedomridersfoundation.com/brief.history.html>

<http://www.watson.org/~lisa/blackhistory/civilrights-55-65/freeride.html>



Student Envoy Piece



Our director, counselor, and friend Mr. Lynch has previously been in charge of the recruitment process for the HEOP/EXCEL program every year. After much thought the job has been extended to several current Nazareth students who are also members of the HEOP/EXCEL family.

As one of those students was given the privilege of participating in the recruitment process I felt obliged to share my experience, and possibly inspire future students to take part in this truly beneficial endeavor.

The recruitment process usually consists of Mr. Lynch taking a trip to several high schools that have a history with Nazareth college's HEOP/EXCEL program. Mr. Lynch usually speaks to the students about what Nazareth College has to offer, asks several questions about the students, leaves some contact information, and then the HEOP/EXCEL staff waits for the applications and decides which student to accept.

Although this process is responsible for bringing every current and past HEOP/EXCEL student to this campus, it is a process that has been improved for future students. Now instead of simply Mr. Lynch, we have student envoys who share the responsibility of recruiting future students.

Mr. Lynch is responsible for this wonderful idea. Last semester, Fall 2007, was the first semester in which students envoys ventured out to participate in the recruitment process. The way it works is as follows: Current HEOP/EXCEL students take a trip back to their old high school's and inform their former classmates about Nazareth College and the HEOP/EXCEL program. When the students take the trip they bring along a specially assembled brief case that has several important items inside. These items are; flyers about Nazareth College, the HEOP/EXCEL informative flyer, as well as contact cards.

The program ensures that future students will have an intimate knowledge of the college before applying, so that they can decide whether Nazareth College is a good fit for them. Instead of coming to the college with a lot of unanswered questions, the Student Envoys can answer questions that set the fundamental foundation that the prospective students can build upon if they are admitted to the college.

The purpose of a former student as opposed to only Mr. Lynch visiting the high school is that a former student has already established a certain relationship with the other prospective students in the school. When a former student visits the high school the prospective students can potentially ask a plethora of questions that they may not feel comfortable asking Mr. Lynch. For example a student may want to know what dorm life is like. A current Nazareth College HEOP/EXCEL students

would be more equipped to answer this question rather than Mr. Lynch simply because they currently live on campus. Generally students will open up to a student before they open up to an adult. Students are more likely to talk to someone they know as opposed to a stranger.

It is truly beneficial to future HEOP/EXCEL students to continue on the Student Envoy program. The program ensures that future students will have an intimate knowledge of the college before applying, that way they can decide whether Nazareth College is a good fit for them. Instead of coming to the college with a lot of

unanswered questions, the Student Envoys can answer questions that set the fundamental foundation that the prospective students can build upon if they are admitted to the college.

Personally I found my first experience as a Student Envoy to be very positive. Not only did I get a chance to visit my former high school but I had the chance to inform my classmates about the wonderful facilities here at Naz. I told them about the HEOP/EXCEL Summer Institute, the events on campus, the clubs at Naz, what dorm life is like, the tunnels, and of course the free laundry!

The Student Envoy program is a wonderful idea, and it serves as a shining example of how dedicated the HEOP/EXCEL program is to serving students.



HEOP/ EXCEL Mission Statement



The HEOP program embraces equal access to higher education and since the late 1960's has supported educational opportunity for persons who have been academically, economically and historically disadvantaged. You must be a resident of New York State in order to apply.

Excel is a program that identifies students from underrepresented groups in the college that meet HEOP academic criteria but do not qualify for HEOP economically or historically. This program is special to the college's diversity goals and commitment to its own historical traditions of nurturing and giving community support.

HEOP at Nazareth was established in 1967 and since then has graduated over 360 students in a varied number of degree programs. These graduates are now employed in industry, corporate, small business, education and state and federal jobs across New York State and the nation. They are taxpayers, homemakers and community leaders. Instate students are eligible to apply. In 2005/2006, 51 students were enrolled. In 2006/2007, 51 students are enrolled.

Excel at Nazareth was established in 1996 and affords the opportunity of Higher Education to those students from underrepresented groups who do not qualify for HEOP economically, but who need the academic support mechanisms to be successful as an undergraduate student at Nazareth College. Nineteen students (two are from out of state) were enrolled in 2005/2006. Currently, twenty students are enrolled for 2006/2007.

Nazareth College along with the New York State Education Department (SED) continue to provide funds for structured supportive services, including a summer institute, tutoring, and counseling each summer and academic year.

Our mission is clear and simple: Provide access to Higher Education for disadvantaged students who have the potential to be successful at the college level.

Clemont Lynch, Director



Nazareth College: The Heart of Excellence