Your First, Last Name Address Rochester, NY XXXXX

Date

Contact Information Strong Memorial Hospital 601 Elmwood Ave. Rochester, NY 14642

Dear Hiring Manager (if there isn't a direct contact to address to),

I am interested in applying for the Mental Health Therapist position in your child/adolescent department at Strong Hospital. Having recently earned my M.S. in Creative Arts Therapy from Nazareth College and having over three years working with this population, I believe I am the best fit for the job. I would be able to incorporate my passion for the field and my person centered approach to help clients meet their goals.

During my internship I was able to work with children and families, especially those experiencing trauma at a local clinic. This experience helped to solidify my personal and professional goals with wanting to continue working as a therapist with this population. In addition, during my Master's program, I took a class focusing on art therapy and trauma. Lastly, I recently attended a trauma and play therapy workshop in the community to continue to improve my skills and knowledge in this area. My art education background combined with my work in both the Nazareth art therapy and play therapy clinics has provided a unique and solid foundation to prepare me for a position on your team.

Strong Hospital has an enormous impact on our community and I am looking to be a part of that impact, to help our communities youth suffering from trauma become their best selves, and not let this define them. Thank you for your time and consideration, I look forward to discussing this job opportunity with you further in the near future. I can be reached at (XXX) XXX-XXXXX or at email@email.com.

Sincerely,

First Last Name (signed or in cursive)

First Last Name (Typed)

<sup>\*</sup>Note: This is a sample cover letter and that real cover letters should be tailored to the specific job the applicant is applying to. The Center for Life's Work can assist you in drafting your unique cover letter. Please contact our office to make your appointment today! (585) 389-2878 or cflw@naz.edu