

The Impact of Managed Care on Art Therapy
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Abstract

It is clear that the health care industry is undergoing dramatic change. Fueled by astronomic increases in costs, "managed" care policies seek to control costs by controlling access. If art therapists are to find a place within this framework, they need to understand the models and techniques that are widely used, they need to "learn the language" of managed care. This paper seeks to explore that language from a general perspective as well as from the unique perspective of the art therapist. In addition, a small sample of art therapists, through the use of a questionnaire, share some features of the impact of managed care policies on the field of art therapy. The results of these questionnaires will be summarized and related to the impact of managed care policy in general.