

## Art Therapy's Role with Acupuncture

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### Abstract

This paper exposes the benefits of art therapy as a follow-up treatment to acupuncture. Methods of art therapy sustain the results of acupuncture and instill the maximum enhancements of acupuncture detoxification. When art therapy is combined with acupuncture, this interdisciplinary approach can provide the best channel through which one's emotions can be accessed thus producing greater efficacy of treatment. This paper will address the following: People who have become more relaxed as a result of treatment with auricular acupuncture are able to experience more benefits when art therapy is the priority follow up mode of treatment.

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