

Implications of Art Therapy Treatment of a Twin: Individual, Dyad, and Family Therapy
Laura B. Callaway
1992

Abstract

This thesis will begin to explore the biological aspects of being a twin along with family therapy styles and family art therapy techniques used in the treatment of the twins presented in the case study. This area of research is relatively new due to the small amount of research found on this topic. This Family approach was set up to aid in the smooth transition of the identified client into the home. As the sessions progressed the children were able to get in touch with their emotions in a more productive way.