

Nine Lives: Art Therapy with Cystic Fibrosis Patients

Joseph Cady

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Abstract

This thesis is a study of a personal struggle through the decision and process of a lung transplant due to Cystic Fibrosis, in which this author incorporates life experiences and personal artwork. Through the combination of these experiences and artwork, the investigation will show progress of the author's ability to accept his life choices by way of his art experiences. This is a journey through his life to see how his art has helped him grow and accept his disease. As well the reader will view how his art has become a tool to release his inner feelings toward a lung transplant and overcoming these personal struggles.

Along with personal artwork, will be information about Cystic Fibrosis (CF) as well as contact with others who have been affected with CF. Review of the literature will incorporate diagnosis and treatment of Cystic Fibrosis as well as other methodologies of combining artwork, art therapy, and medicine.