

The differences in the opinions and perceptions of art therapists regarding their field in the United Kingdom and in the United States

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Abstract

This largely quantitative research study gathered and compared the opinions and perceptions of art therapists regarding their field in the United Kingdom (UK) and in the United States (US). Data was collected through a survey; questionnaires were hosted on a website which was made available to registered art therapists in both countries. It was hypothesised that there would be differences in the opinions and perceptions of art therapists in the UK and the US, and that these differences could be due to dissimilarities in the origins and schools of art therapy in each country and to the unique healthcare, educational and correctional systems in which art therapists operate. The results of this study indicate that there are indeed significant differences between the opinions and perceptions of art therapists in the UK and the US regarding all aspects of their field.