

Retention v.s. Attrition: How Can Art Therapy Help?
Jennifer Borst
2002

Abstract

This study measured sense of community, stress level, and self-esteem before and after four art therapy sessions with the intention of increasing retention. An average of 10 female and male freshmen college students volunteered for each group. The results showed that half of the measure for sense of community increased while the other half decreased, stress level decreased and self-esteem level also decreased.