

Music's Influence on Creative Expression: Examining the relational significance of music's presence in art therapy

Amelia Bailey

2005

Abstract

Music profoundly affects varying aspects of everyday life, such as media, entertainment, education, religion and ancient tribal rituals. The purpose of this correlation study is creative expression and it was designed to explore the affect that music has on the level of creative expression in ten children ranging from 3 to 5 years of age. The study was carried out at Nazareth College of Rochester at the Patricia Carter Day Care Center where the children were given the opportunity to participate in four group sessions that combined art and music. The children's experiences in these groups were documented and analyzed in accordance with four measures concerning visually artistic creative expression, designed by the researcher. The analysis offered support to the hypothesis that listening to music has an effect on artistic expressiveness. This research offers insights into measuring creativity with and without the presence of music. Further examinations into the effects of music on people, along with the intricacies of art therapy techniques with young children and the sequential development of these children are also present.