

# Nazareth COLLEGE Community Service Newsletter

November 2011

**THE TEDDY BEAR TREE AND  
THANKSGIVING BASKETS  
ARE HERE!**



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# The Teddy Bear Tree Arrives!

MAKE A HOLIDAY WISH COME TRUE!!

Each year Nazareth College partners with the Society for the Protection and Care of Children (SPCC) to collect holiday gifts for children and young families in need. The SPCC has many programs that help children affected by violence and domestic abuse. They also work with young parents who are struggling to complete their education, find sustaining jobs, and care for their little ones.

## NOW HERE'S WHAT YOU CAN DO:

Starting on Friday, November 11, visit the TEDDY BEAR TREE found just past the Circulation Desk in the Lorette Wilmot Library and Media Center to *adopt a TEDDY BEAR*. Don't forget to leave your name, extension, and teddy bear number on the sign out sheet! Each BEAR has a holiday wish from a local child, young mother, or young father in need. *Go shopping!* The most important step: **RETURN YOUR GIFT TO THE LIBRARY CIRCULATION DESK UNWRAPPED NO LATER THAN MONDAY, NOVEMBER 28TH WITH THE TEDDY BEAR SECURELY ATTACHED.** If you can return your gift earlier please do, that helps us to keep things organized!

The gifts will then be delivered to the Society for the Protection and Care of Children, who will wrap and distribute them! Don't miss out on this chance to make a difference in a child's life or to help a young adult! We can guarantee you won't regret it! For more information about the SPCC, and their work in Rochester starting in 1875, look up the SPCC on the web at [www.spcc-roch.org](http://www.spcc-roch.org).



## PLEASE CONTACT:

Adam Lewandowski  
alewand8@naz.edu

## SPONSORED BY:

Department of Community Service  
Lorette Wilmot Library and Media Center

TEDDY BEAR TREE AND  
THANKSGIVING BASKETS ARE HERE!



## **MAKING STRIDES AGAINST BREAST CANCER 2011**

*by: Christine Dorward*

It always feels good to do something for the benefit of another. Walking in the Making Strides Against Breast Cancer walk is just one example of this. On Sunday, October 2nd, 2011, Naz UA and thousands of citizens from Rochester

and its surrounding areas showed their support by participating in the walk and fundraising money for the cause. Naz alone had over 200 volunteers and raised over \$3,000! Thanks to everyone who participated and way to go Naz Undergraduate Association!

## **WALKS HAPPENING IN NOVEMBER!**

### **PANCREATIC CANCER INDOOR 5K WALK**

**November 6th, 2011**~ Registration 12:00 noon, Walk 1:30 pm

University of Rochester, Goergen Field

Contact...Stephanie Pieklik at [spiekli7@mail.naz.edu](mailto:spiekli7@mail.naz.edu)



Step It Up To Cure Pancreatic Cancer is a nonprofit organization of volunteers committed to raising awareness of this horrible disease and raising hope by contributing financial resources to help advance local research efforts.

Registration Costs:

Adults \$25.00

Students (ages 13-21) \$15.00

Children (ages 4-12) \$5.00

Children under the age of 3 get in free!

# STEP OUT | WALK TO STOP DIABETES™

## 5K RUN/1 MILE FUN RUN/WALK

We all know that Naz has spirit and we proved it on Saturday, October 15th when about 60 people showed up to participate in the Nazareth 5k to support the American Diabetes Association.

Although the weather was not very favorable that day, Naz still managed to raise \$580 to benefit the Diabetes Association. Thank you to everyone who participated!



Nazareth  
COLLEGE  
*Physical Therapy*



NAZARETH COLLEGE STUDENT TEAM  
FEATURED DURING STEP OUT: WALK TO STOP DIABETES

## STEP OUT: WALK TO STOP DIABETES 2011

Did you know that 1 out of every 3 people will be diagnosed with diabetes by the time they are 55? Most people don't. That is why participating in this walk was important. Sunday, October 16th was a sunny and cool day that provided good walking weather. With hundreds of enthusiastic walkers, how could it have not been? A celebration followed the walks end with food provided by Subway and a band playing to keep people walking! This year was a great success! Naz raised \$580 for the cause!

## THANKSGIVING “DINNER BASKET” PROGRAM

The Center for Spirituality, the Nursing Department, and Campus Safety are sponsoring Thanksgiving Basket collections to benefit Rochester families in need through Dimitri House and Easter Seals.

**Collect food items and donate them at the Center for Spirituality Office in GAC #153, Campus Safety Department or the Nursing Department Smyth #283.**

**Stop by Campus Safety to participate in the Food for Fines program.**

**Create a food basket for a specific family. For more information and a list of suggested donations for families, please stop by the Center for Spirituality office (GAC #153), or email Stephanie Preece, [spreece2@mail.naz.edu](mailto:spreece2@mail.naz.edu)**

**Make a monetary donation. Send checks made out to “Nazareth College” to the Center for Spirituality department. Please write “Thanksgiving Baskets” on the check.**

**DONATIONS WILL BE DISTRIBUTED TO:  
Dimitri House and Easter Seals**

**THANK YOU FOR HELPING A  
LOCAL FAMILY HAVE A THANKSGIVING!**

### ITEMS NEEDED:

Boxed Potato Mix	Stuffing Mix
Canned Vegetables	Dessert Mix
Gravy	Apple Sauce
Canned Fruit	Juice Boxes
Bread or Muffin Mix	Candy for the kids

Cash donation - to purchase \$25 gift card to Wegman's, Top's, or Walmart to purchase a Turkey Or Ham

Help Organize Food Baskets:  
Nov. 17, 8am-4pm at the Chapel  
contact Alison Schmied, [aschmie1@naz.edu](mailto:aschmie1@naz.edu)

Help Deliver Baskets  
Nov. 18, 8am- Noon  
contact Alison Schmied, [aschmie1@naz.edu](mailto:aschmie1@naz.edu)

**COLLECTION DATES:** Nov. 3 -Nov. 16

**DROP OFF LOCATIONS:**  
Smyth 283, GAC 153 & Campus Safety  
**CASH DONATIONS FOR GIFT CARD** can be given to  
If unable to drop off your donation, please call  
and **WE WILL ARRANGE PICK UP.**

### FOOD FOR FINES SPONSORED BY: **CAMPUS SAFETY**

The program officially begins on Tuesday 11/1/11 and ends on Tuesday 11/15/11. During this time Campus Safety will waive parking fines for\*\* most tickets\*\* with a donation of food. We will accept a maximum of two tickets per person in exchange for (8 food items). You can bring your tickets and non-perishable food items directly to the Campus Safety office located in the Shults Center. Tickets for \*\*handicap and/or moving violations\*\* are exempt from this program. This popular program is a great way to eliminate some parking tickets and to contribute to the community in the process. We will also be glad to accept food items from anyone who would just like to donate in the spirit of giving as the holiday season approaches. Please stop in to see us!!!! Last year we collected 19 boxes of food (just under 2000 items). Let's see if we can top that this year!!!!

Jody Cascino, Parking & Transportation Coordinator  
Nazareth College Campus Safety  
[jcascin0@naz.edu](mailto:jcascin0@naz.edu) / 389-5133



## Generation Two: Creating Intergenerational Friendships

G2 invites you to ***“Pathway to the Future”***

...an evening of fun and fellowship to support Rochester’s urban-suburban children.

Wednesday November 17, 2010 6-9 PM

Downstairs Cabaret Theatre

540 East Main Street, Rochester

Suggested donation is \$50.

We also need VOLUNTEERS on the day of the event  
and leading up to the date of the event.

For more information, please contact:

Melanie Mroz, Program Director ~ Generation Two

mmroz@frontiernet.net

(585)442-6043

g2isgenerationtwo.org

### VOLUNTEER MENTORS NEEDED



Our greatest need with the biggest reward Hillside is currently seeking individuals to become 1:1 volunteer mentors. These individuals act as a positive role model, friend and mentor for youth in Hillside’s care. Volunteer mentors meet with a youth weekly or bi-weekly as schedules allow, for 1-2 hours. Individuals in this role are a valuable resource to Hillside and the youth they are working with! All volunteer mentors are asked to complete a background check, fingerprints and a PPD Skin Test at no cost to them and must be at least 19 years of age or older. **WE CURRENTLY HAVE 20 YOUTH WAITING AND MORE REFERRALS COMING IN DAILY!** Hillside Family of Agencies is seeking community groups, college groups, fraternities and sororities, and office groups who are interested in participating in volunteer activities.

HEATHER VANDYNE, VOLUNTEER COORDINATOR

(585) 224-1021

hvandyne@hillside.com

# Got Talent?



## TALENT SHOW

Community Service Floor Hosts the  
3rd Annual Talent Show

**DATE:** Friday, November 11, 2011

**WHERE:** The Forum Located in the Otto A.  
Shults Community Center

**TIME:** 7:00 p.m. to 10:00 p.m.

\$3.00 Entrance Donations Will Benefit  
Mary's Place



**THE AMERICAN HEART ASSOCIATION**  
**2012 HEART BALL**  
**SATURDAY, FEBRUARY 4**  
**5 P.M. - MIDNIGHT**  
**ROCHESTER PLAZA HOTEL**

In past years, we have had a group of Nazareth students to volunteer at the event. Volunteering consists of monitoring silent auction tables throughout the night (familiarizing yourself with the items at your table, talking with attendees, and answering any questions they may have about the items at your table). There is also an opportunity for some students to serve as "Key Girls." The "Key Girls" wear formal ball gowns, and spend the night selling "keys to their heart" to the attendees. One of the keys opens a locked box that contains a big prize.

The Heart Ball is an awesome event - it supports a great cause, and it's fun to see all of the attendees. Although the event is not until February, the Heart Association is recruiting volunteers now. I will be working out transportation will be provided and arranged as the date comes closer, so you do not need to worry about getting to and from the event. If you would like to volunteer please email [cmaldon0@mail.naz.edu](mailto:cmaldon0@mail.naz.edu). If you are interested in being a "Key Girl," please note that in your email.

**CONTACT:**

**Carly Maldonado**

**[cmaldon0@mail.naz.edu](mailto:cmaldon0@mail.naz.edu)**



**KAZOO FEST 2011**

**BLACK FRIDAY, NOVEMBER 25 - DECEMBER 23, 2011**

The Camp Good Days' Kazoo Fest will be taking place in Rochester, Buffalo, Syracuse, and Ithaca. There are multiple shifts, during the day and evenings, throughout the week and weekends that we need help staffing. Every hour helps, and all you need to bring is enthusiasm and a willingness to take part!

If you are unable to volunteer, please support Kazoo Fest in whatever way you can. Whether it's by purchasing kazoos, candy cane pens or ornaments to use as stocking stuffers or give as gifts, at any of the locations or by calling your local office!

For any additional information, or to sign up for Kazoo Fest please contact:

**ROCHESTER** – Melissa Cappelluti  
[mcappelluti@campgooddays.org](mailto:mcappelluti@campgooddays.org) or (585) 624-5555

**BUFFALO** – Lillian Villari  
[lvillari@campgooddays.org](mailto:lvillari@campgooddays.org) or (716) 206-0709

**SYRACUSE** – Renee DeVesty  
[rdevesty@campgooddays.org](mailto:rdevesty@campgooddays.org) or (315) 434-9477

**Ithaca** – Marcie Kreydt  
[mkreydt@campgooddays.org](mailto:mkreydt@campgooddays.org) or (607) 266-9180



# Nazareth College Community Service Floor

by: Michael Scott Black

**T**he Nazareth College Community Service Floor is made up of a group of smart, service-oriented people who love to reach out and help the community! Becoming a member of the service-floor required an application and personal interview with Julie Lloyd, Program Specialist for the Department of Community Service. I was one of a few lucky people to be selected as a member on the service-floor and with that came the expectation of dedication to being an active member within the community.

**I**feared I wouldn't have any friends and that it would be too time consuming, however quickly both of these statements proved to be false! In fact, I have met some of the coolest people, who are some of my closest friends because I became a member of this floor. I realized that most of the other members had the same feelings and thus it was that much easier to connect with them. I have found volunteering to be very rewarding.

**\*Open Room for 1 Male, Spring Semester 2012! If interested, please contact: Julie Lloyd at [jlloyd6@naz.edu](mailto:jlloyd6@naz.edu)**

**B**eing an active member in the community requires dedication and determination. Each and every one of the members on this floor is dedicated and believes in what they do for the community. As a result, I feel that this year's service-floor will be one of Nazareth's best ever! Some of the great projects and events that the floor is working on this year include: the Clothing Drive, H2 Tutoring program, MS Family Fun Weekend and Annual Talent Show are only a few.

**T**he most interesting thing that I have learned so far is that I feel I have gotten more out of this experience than I could have ever imagined! I have learned a lot about myself and have grown as an individual. I would recommend the community service floor to anyone who wants to make a difference in the community, while uncovering something about themselves in the process.

**COME SUPPORT THE COMMUNITY SERVICE FLOOR  
AT THE 4TH ANNUAL TALENT SHOW,  
NOVEMBER 11, 2011 !!!  
SHULTS FORUM ~ 7PM**

## Volunteer with the Red Cross



**American  
Red Cross**

Greater Rochester Chapter

If you are interested in volunteering locally, in the Rochester area with the Red Cross, we are holding volunteer introduction sessions for interested individuals at the Rochester Chapter located at 50 Prince Street in Rochester.

**Sessions will be held on the following dates:**

**Thursday, November 10, 2011, 2-4 PM**

Please call the Rochester Chapter at (585) 241-4490 and leave your name, address, and contact information and the date of the session you plan to attend. Or you can e-mail us that same information. Your name will be added to the orientation list and we will contact you shortly before the date to confirm your attendance. Thank you for your interest in helping those in need by volunteering with the American Red Cross.

## Blossom Healthcare Needs You! Volunteers are Needed!

### *Art Program Volunteer ~*

Volunteer needed to help with the art program for the elderly. Flexible schedule - any day or evening.

### *Part-time Job Opportunity (20-30hrs/wk) ~*

Lead activities, record and develop activities. Need to be fun and creative!

### **Please contact:**

**Carole Agosto, Activity Director**  
**c.agosto@blossomhealthcare.com**  
**585-482-3500**



## WE NEED BIKES!!

Faced with very high demand, RCB has pretty much depleted its stock of good, used bikes. As a result, we are having to turn away larger numbers of clients in need of basic transportation.

PLEASE CONSIDER DONATING  
 THAT GOOD, UNUSED OR  
 UNDER-UTILIZED BICYCLE!

***THANKS!***

**OUR NEXT BICYCLE DRIVE WILL BE HELD:**

**Thursday, November 10, Xerox Facilities**  
**800 Phillips Rd. Webster, NY**  
**8:00 AM - 4:00 PM.**

Please call (585) 234-2008 if you wish to donate a bike but are unable to take it to a bike drive, or if you have questions.



## The Summit at Brighton

~ Volunteer with Us! ~

**Volunteers are the heart of the Jewish Home family, providing the extras that make the Home more inviting and comfortable for our residents.** *Volunteers visit residents, establish one-to-one friendships and brighten a resident's day. They are smiling faces in the popular Café Shalom each afternoon or leading educational and cultural programs, providing clerical support, working in the gift shop and transporting residents to activities and appointments within the building.*

**Friendly visitor** - A number of our residents do not have a local network of family and friends. Do you have time to visit and share conversation? Preferably a weekly commitment.

**Escort/Transport** - Helping any of our residents in wheelchairs to attend events is the core of much of our volunteer work. Join in our programming efforts and help transport residents before and after the program.

**Gift Shop Sales** - Join our team of shopkeepers and have an opportunity to meet many residents and visitors as they browse and shop. A variety of time slots are available.

**Café Shalom host/hostess** - Join our dedicated teams of volunteers who keep Café Shalom open every day of the year. Arrange and serve snacks and refreshments and serve individual Café guests.

**Resident mail delivery** - We pattern our delivery motto on that of the postal service – that's how important mail delivery is for our residents! Volunteers sort and label resident mail and deliver it room to room. Distributing mail is a wonderful way to become acquainted with our residents. Volunteers may also offer to open and read mail for residents.

**Art therapy** - Help residents maintain their social and motor skills and self-concept by being a friendly helper in our art room during the morning hours. Assist with Art therapy, no art ability is needed – just the ability to be friendly and encouraging.

**Shabbat Service** - Join us for the Sabbath one or two Saturday mornings each month. Help support this effort by bringing residents and providing assistance during the service.

**Music** - Music is often the key to reaching residents, regardless of their abilities. Music brings pleasure and memories. We provide a number of musical venues from small to large group. If you have musical skills to offer, share them with our residents.

**Escort for outings** - Volunteers accompany residents on outings to local areas such as the Lilac Festival, baseball games, the zoo, etc. Residents will depend on you to get around. Volunteers accompany a resident who can walk or assist a resident in a wheelchair.

**Contact:**  
**Volunteer Services Director**  
**(585) 427-7760, ext. 6551**  
**[volunteers@jewishhomeroch.org](mailto:volunteers@jewishhomeroch.org)**



**H**eritage Christian Services, a human services agency supporting over 1,400 children and adults with developmental disabilities, has many volunteer opportunities available at Heritage Christian Stables in Webster, home of the agency's therapeutic horse-riding program.

Located on 13 acres on Salt Road in Webster, Heritage Christian Stables features a 65 by 120-foot indoor arena, mounting ramp, observation deck, 13 horse stalls, and a 100 by 190-foot outdoor riding ring. The facility is a member of the North American Riding for the Handicapped Association (NARHA), an organization committed to changing and enriching lives by promoting excellence in equine-assisted activities. According to NARHA, equine-assisted activities have been shown to improve muscle tone, posture, balance, coordination, motor development and emotional well-being for people with developmental disabilities.

"Riders may need up to three volunteers to assist them during a riding lesson, so volunteers are an integral part of therapeutic riding," said Lorrie Renker, director of Heritage Christian Stables. "The horse handler, or leader, is responsible for the horse during the lesson and needs some previous experience working with the animals. There can also be up to two 'side-walkers' to help support the rider." According to Renker, "Training is provided to all of our volunteers and, while 'side-walkers' do not need experience, they should not be afraid of horses."

***For more information on the riding program and volunteer opportunities, call (585) 340-2000.***

## ARC OF MONROE DANCE

**Wednesday, Nov 16, 2011  
06:30PM to 08:30PM**

Team Coordinator: Sam Consol

Phone: 585-385-3213

sam@rochestercares.org

Issue: Individuals with Disabilities

**VOLUNTEERS NEEDED!** Come join the fun at the Arc of Monroe's monthly dance. This month it will be jointly held with Heritage Christian Services at the Pieters Family Life Center. Mix and mingle, help serve refreshments. Make sure everyone is having a good time, while dancing along to the DJ's great choices.

See you there!

Min. age: 12

Family friendly? Yes!

## FOODLINK

**Thursday, Nov 17, 2011  
06:00PM to 08:00PM**

Team Coordinator: Matthew Dreitlein

Phone: 585-503-9010

mdreitlein@zoho.com

Issue: Hunger

**VOLUNTEERS NEEDED** to help inspect, sort and repackage donated food that will be distributed to partner organizations.

Min. age: 12

Family friendly? Yes!

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Nazareth  
COLLEGE

**FAN US ON FACEBOOK!**

